



LOGAN KELENY

Training Staff



Bio:

In 2014 Logan joined Supreme with the goal of getting into the pool a few times weekly. Thanks to Supreme's amazing personal trainers, group fitness classes, and general encouraging culture he was able to lose 100lbs! While he is proud of losing weight, he also restructured his view of personal fitness and the community that has been so engaging and encouraging. He is now a certified personal trainer to not only better his understanding of how to work out safely and efficiently but to give back to the Supreme health and fitness community that has given so much to him.

QUALIFICATIONS:

- American Council on Exercise (ACE): Certified Personal Trainer
- American Red Cross: CPR/AED Certified

*To schedule personal training sessions,
please contact Supreme Health and
Fitness at:
(608) 274-5080 or e-mail Logan directly
at: lrkeleny@gmail.com*